



We value your
opinion!

Join our
**Family Members,
Carers and Supporters
Advisory Network**

Family Members, Carers and Supporters (FCS) Advisory Network

St Patrick's Mental Health Services (SPMHS) is inviting family members, carers and supporters of our current or former service users to join our new Family Members, Carers and Supporters (FCS) Advisory Network.

What is the FCS Advisory Network?

The FCS Advisory Network was established to enable SPMHS to engage and consult with people who support our service users. This ensures that the views and perspectives of the family members, carers and supporters of our service users are included as we develop and implement our new five-year strategic plan, *The Future in Mind*.

What does joining the FCS Advisory Network involve?

FCS Advisory Network members are kept informed about focus groups and consultation forums which they can attend. These groups provide the opportunity for SPMHS to present ideas to the members of the network about changes being considered, and for members to share their ideas and opinions to make sure that the views of those who support our service users are heard and included. Members will also be invited to join working groups and steering committees to help develop new projects.

Many of our projects will be 'business sensitive' - this means we need to keep information about the project confidential, and you may be asked to sign a confidentiality agreement about a project you are involved with.

How do I join?

To join the FSC Advisory Network, simply complete the registration form on the back of this leaflet. You can post this form to Service User Engagement Lead, St Patrick's University Hospital, James' Street, Dublin 8, or visit **www.stpatricks.ie/gettinghelp/carers-supporters** where you can also complete this form online.

What happens when I join?

Once you have registered, you will be added to the FSC Advisory Network mailing list, where you will receive regular updates by email about opportunities to take part in various groups or projects. You will also be kept informed about events and initiatives that may be of interest to you. There is no obligation to take part in the different groups and projects and you can opt out of the network and mailing list at any time.

I'm a service user, can I join the FCS Advisory Network?

We have a Service User Advisory Network (SUAN), which is like the FCS Advisory Network, but is made up of current and former SPMHS service users. If you would like to know more about SUAN or our Service Users and Supporters (SUAS) Council, visit our website **www.stpatricks.ie/getinvolved**.





Registration for Family Members, Carers and Supporters (FCS) Advisory Network

If you would like to become a member of the FCS Advisory Network, please provide your details below.

Your first name:

Your surname:

Your email address:

Please indicate which of the following you feel best describes your role:

- ☐ Family member of a current or former SPMHS service user
- ☐ Carer of a current or former SPMHS service user
- ☐ Supporter of a current or former SPMHS service user
- ☐ Other (Please specify):

.....

.....

.....

.....

You can post this form to Service User Engagement Lead, St Patrick's University Hospital, James' Street, Dublin 8, or visit **www.stpatricks.ie/gettinghelp/carers-supporters** where you can also complete this form online.

You can opt out of this network at any time.



www.stpatricks.ie

More information

If you would like more information about the FCS Advisory Network, SUAN or our Service Users and Supporters (SUAS) Council, please contact our Service User Engagement Lead, Siobhan Fitzharris, by calling 01 249 3390 or emailing sfitzharris@stpatricks.ie.

You can also find more information in the *Get Involved* section of our website, **www.stpatricks.ie/getinvolved**.

St Patrick's Mental Health Services

James' Street, Dublin 8, Ireland.

t: +353 1 249 3200 f: +353 1 679 8865

e: info@stpatricks.ie

www.stpatricks.ie