

St Patrick's
Mental Health Services



FOUNDER'S DAY

2020

**SHAPING THE FUTURE OF
IRISH MENTAL HEALTHCARE**



27 NOVEMBER, 2020

CONFERENCE PROGRAMME

PROGRAMME



Moderated by Jan Ní Fhlanagáin

Morning Session

- 9.15am** Welcome and Introduction
Professor Paul Fearon, Medical Director, St Patrick's Mental Health Services (SPMHS)
- 9.20am** **Opening address:** Minister for Mental Health and Older People, Mary Butler TD
- 9.30am** Paul Gilligan, CEO, SPMHS
- 9.45am** John Farrelly, CEO, Mental Health Commission
- 10.00am** William Flannery, President, College of Psychiatrists of Ireland
- 10.15am** Fiona Coyle, CEO, Mental Health Reform
- 10.30am** Mary Favier, Immediate Past President, Irish College of General Practitioners and member of the National Public Health Emergency Team (NPHE)
- 10.45am** *Break (10 minutes)*

Mid-morning session

- 10.55am** Martha Griffin, Chair of the Peer Support in Mental Health Programme and Peer Educator with the Recovery college
- 11.10am** Dr Amir Niazi, National Clinical Advisor and Group Lead for Mental Health, HSE
- 11.25am** Mark Smyth, President, Psychological Society of Ireland and CAMHS Senior Clinical Psychologist
- 11.40am** Joseph Duffy, CEO, Jigsaw
- 11.55am** Kevin Jones, Board Member and former Secretary General of the European Federation of Associations of Families of People with a Mental Illness (EUFAMI)
- 12.10pm** Dr Damien Brennan, Associate Professor/ Director of Undergraduate Teaching & Learning, School of Nursing & Midwifery, TCD
- 12.25pm** *Break (10 minutes)*

Keynote address

- 12.35pm** **KEYNOTE ADDRESS:** Dainius Pūras, Former UN Special Rapporteur on the right to health
- 13.05pm** Questions/discussions
- 13.20pm** Final remarks

St Patrick's Mental Health Services

St Patrick's Mental Health Services (SPMHS) is Ireland's largest, independent, not-for-profit mental health service. Our vision is to see a society where all citizens are given the opportunity to live mentally healthy lives.

SPMHS provides community and outpatient care through its Dean Clinics and day patient services and inpatient care through its three approved centres; St Patrick's University Hospital, St Patrick's, Lucan (St Edmundsbury) and Willow Grove Adolescent Unit.

The Organisation provides a range of mental health services for adolescents and adults and offers remote access to all services, in addition to a homecare inpatient service that consists of the highest levels of one-to-one support, provided remotely, to ensure service users receive necessary care and treatment, through daily or more frequent contact, along with psychopharmacological input arranged in liaison with local pharmacies.

Health professionals can contact SPMHS with any queries regarding referrals to our services by contacting our Referral and Assessment Service on 01 249 3635. We also provide a one-to-one mental health advice service, Tel: 01 239 3333 or email: info@stpatmail.com

Speakers

Welcome and Introduction

Professor Paul Fearon, Medical Director, SPMHS

Professor Paul Fearon is Medical Director of SPMHS and Clinical Professor of Psychiatry at Trinity College Dublin (TCD). Prof Fearon worked as a Consultant General Adult Psychiatrist in Maudsley Hospital London for seven years. As a senior lecturer at the Institute of Psychiatry in London, he headed the Section of Social Psychiatry and Epidemiology. He returned to Dublin in 2008 as Clinical Professor in Psychiatry and General Adult Consultant Psychiatrist in TCD and SPMHS. He acted as Assistant Medical Director from 2015 prior to taking up his post as Medical Director in January 2020. Prof Fearon has published over 100 peer-reviewed papers, largely in the areas of the epidemiology and the role of socio-environmental factors in schizophrenia and bipolar disorder and in quality of care in mental health services.

Mary Butler, TD, Minister for Mental Health and Older People

Mary Butler is Minister of State at the Department of Health with special responsibility for Mental Health and Older People. She is a TD representing the Waterford Constituency the 32nd Dáil.

Mary served as Chairperson of the Joint Oireachtas Committee for Business, Enterprise and Innovation and the All Party Oireachtas Group on Dementia.

Mary also served as a councillor, having won a seat in the 2014 local elections in the Comeragh area before contesting the 2016 General Election after securing the Fianna Fáil nomination for Waterford. She also had the honour of being the first female Fianna Fáil TD to be elected for the party since 2007. In the 2020 General Election,

Mary was delighted to be re-elected to continue her work representing the people of Waterford City and County. She was appointed to sit on the Special Oireachtas Committee for Covid-19 response before being appointed a Minister by the Taoiseach in early July.

Morning Session

Paul Gilligan, CEO, SPMHS

Paul Gilligan, BA, MA, DipClin Psych, RegPsychol, F. Ps.S.I is a Clinical Psychologist and Chief Executive of SPMHS. He is a Fellow of the Psychological Society of Ireland and an Adjunct Assistant Professor in Trinity College Dublin.

He is an internationally recognised children's rights and child protection advocate and provides consultancy services to a number of child protection organisations in Ireland and Europe.

He is a former President of the Psychological Society of Ireland and a former Chairman of the Children's Right Alliance. Before taking up his current post with SPMHS, he was Chief Executive of the ISPCC. He is the author of *Keeping Your Child Safe* and *Raising Emotionally Healthy Children* and is a regular contributor to TV, radio and print media.

John Farrelly, CEO, Mental Health Commission

John Farrelly is a recognised expert in governance and risk-based regulation. John was educated at the Honourable Society of King's Inns, Harvard Kennedy School, Smurfit Business School and University College Dublin. He is currently a Doctoral candidate in Governance.

John has worked in Ireland and the UK in both clinical and executive management positions. Prior to becoming Chief Executive of the Mental Health Commission, John was Ireland's first Charities Regulator and Deputy Chief Inspector of Social Services in the Health Information Quality Authority (HIQA).

William Flannery, President, College of Psychiatrists of Ireland

Dr William Flannery is the President of the College of Psychiatrists of Ireland.

From 2013 to 2017, he was Chair of the Postgraduate Training Committee. He is a Consultant Psychiatrist in Addictions Psychiatry, having previously worked in the Midlands and is now based in the Mater Hospital and the National Drug Treatment Centre in Dublin.

Fiona Coyle, CEO, Mental Health Reform

Fiona Coyle joined Mental Health Reform in 2020 as Chief Executive Officer. In this role she provides strategic leadership and management of a national coalition, driving change in the mental health sector.

Before this, Fiona spent two years as Director of END FGM Europe. Fiona has extensive experience working in national and international civil society organisations, specialising in strategic and political planning and implementing multi-stakeholder advocacy.

Fiona was International Advocacy Manager at IPPF European Network, where she led the federations engagement with the European institutions.

She has previously been the Network Coordinator for EuroNGOs and Programme Manager at Dóchas, the Irish national platform of Development NGOs, where she managed policy and programme co-ordination across the network of 65 NGOs and other civil society stakeholders

Dr Mary Favier, Immediate Past President, Irish College of General Practitioners (ICGP) and member of NPHE

Dr Mary Favier is a general practitioner and immediate past president of the ICGP. She is also a member of the National Public Health Emergency Team (NPHE), as well as the Covid-19 Clinical Adviser to the ICGP.

Mary is a University College Cork graduate and is a partner and GP trainer in a four-doctor practice in Farranree/Fairhill on Cork's northside.

She has interests in reproductive health politics, the health impacts of deprivation, and risk-assessment and management in general practice.

Mary's interest in mental health started as a medical student, with a first class honours in psychiatry. Mary continued to pursue her interest in mental health as a volunteer counsellor for three years with the Cork Rape Crisis Centre, while working as a junior hospital doctor, and holds a diploma in Cognitive Behavioural Therapy. She estimates that one-third of her daily work in general practice relates in some way to mental health and wellbeing.

Mid-morning Session

Martha Griffin, Chair of the Peer Support in Mental Health Programme and Peer Educator with the Recovery College

Martha Griffin is an expert in mental health by experience, a lecturer in mental health in the School of Nursing Psychotherapy and Community Health, and she chairs the Certificate in Peer Support Working in Mental Health,

Martha is a Peer Educator with the Dublin, North, North East Recovery College and is on the project team of the Public Patient Ignite Project, which aims to increase participation in health and social research in higher education research.

Martha's educational development focused on law, youth and community development, advocacy and organisational facilitation in the mental health arena. She is a Director with the National Disability Authority, and was appointed as a member of the oversight group tasked with developing the new mental health policy for Ireland.

Dr Amir Niazi, National Clinical Advisor and Group Lead for Mental Health, HSE

Dr Amir Niazi is the current National Clinical Advisor and Group Lead for Mental Health, in the HSE, having previously been the Executive Clinical Director in the Louth Meath area of CHO 8 since March 2012.

A Member of the Royal College of Psychiatrists in London, Amir has been working as a clinician since 1997 and has worked in a number of different disciplines in mental health including General Adult, CAMHS, Liaison, Forensic and Substance Abuse.

As well as recent work with National Doctors Training and Planning (NDTP) and the College of Psychiatry in relation to Psychiatry Workforce Planning, Amir has previously represented the ECD group in the College of Psychiatry, the Mental Health Commission and other forums, and was also the Clinical Lead for the International Medical Graduates Training Initiative Programme which includes all training bodies in the country and lead by the NDTP.

Joseph Duffy, CEO, Jigsaw

Dr Joseph Duffy has been the CEO of Jigsaw since 2016, where he leads the senior management team to bring together three main areas of work; influencing change, strengthening communities and delivering services.

Joseph has over 25 years' experience as a qualified clinical psychologist and has worked in the area of mental health management and delivery of services across all age groups and within institutional and community settings.

He holds an MBA in Health Services Management from the Smurfit Graduate Business School, UCD, a Doctorate in Clinical Psychology from TCD, and is a Fellow of the Psychological Society of Ireland.

Mark Smyth, President, Psychological Society of Ireland and CAMHS Senior Clinical Psychologist

Mark Smyth is the 2020 President of the PSI and is a Senior Clinical Psychologist with Dublin North City and County CAMHS, working with adolescents with mental health difficulties, particularly those who struggle with anxiety, trauma, self-harm and suicidal thoughts.

Kevin Jones, Board Member, and former Secretary General of EUFAMI

Kevin Jones currently holds the position of Honorary Treasurer at EUFAMI. From 2005 to 2015, he was Secretary General at EUFAMI and during this time he served on a number of European advisory boards related to mental health.

Prior to 2015, Kevin worked in a number of high profile international ICT companies.

He was Chairperson at Shine, the national organisation that supports people with mental ill health and their families until 2019, and is a lay member of the Mental Health Tribunals in Ireland.

Until recently, he was Chairperson of Nandri.org, a charity supporting the education of Dalit children and their families in Tamil Nadu, India. Kevin also served as Chairperson of the Board of Beaumont Hospital, Dublin, from 1997 – 2000.

Kevin has served as co-chairperson with REFOCUS (Recovery Experience Forum of Carers and Users of Services at the College of Psychiatrists of Ireland) and is a member of the Irish Health and Social Care Professionals Council.

Dr Damien Brennan, Associate Professor/ Director of Undergraduate Teaching & Learning, School of Nursing & Midwifery, TCD

Dr Damien Brennan is Associate Professor and Director of Undergraduate Teaching and Learning at the School of Nursing and Midwifery, TCD.

Damien's agenda of research examines 'Contexts of Care Provision in Ireland. His research seeks to understand Ireland's problematic institutional past, while also examining the capacity for care provision within communities and families within contemporary 'post-institutional' Irish society, with particular reference to intellectual disability and mental illness.

Dr Brennan acts as a public intellectual disseminating research through books, journal articles, TV documentaries, radio, print media, keynote addresses and public lectures.

KEYNOTE ADDRESS

Dainius Pūras, Former UN Special Rapporteur on the right to health

Dainius Pūras is a Professor of Child Psychiatry and Public Mental Health at Vilnius University, Lithuania. Since 2018, he is a Director of the Human Rights Monitoring Institute, Lithuania.

Among the positions previously held by Dainius were; President of the Lithuanian Psychiatric Association, Dean of the Medical Faculty of Vilnius University and President of the Baltic Association for Rehabilitation. From 2007 to 2011, Dainius was a member of the UN Committee on the Rights of the Child. From 2014 to 2020, Dainius held the role of UN Special Rapporteur on the right to physical and mental health.

Dainius has been, and remains actively involved, in national and international activities in the field of developing and implementing evidence-based and human rights-based health-related policies and services. This work has a special focus on children, persons with disabilities, persons with mental health conditions and other groups in vulnerable situations and issues related to promotion of mental health and prevention of all forms of violence.

St Patrick's
Mental Health Services



SUPPORT AND INFORMATION SERVICE

St Patrick's Mental Health Services operates a confidential Support and Information Service, staffed by experienced mental health nurses from 9am to 5pm, Monday to Friday, with an answering and call-back facility outside hours.

Call **01 249 3333** or email [**info@stpatmail.com**](mailto:info@stpatmail.com)



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