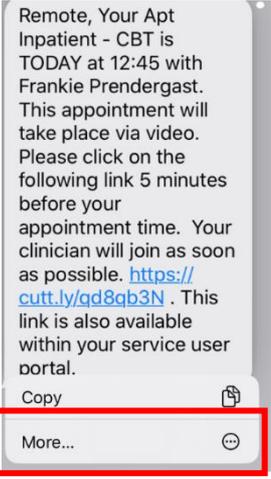
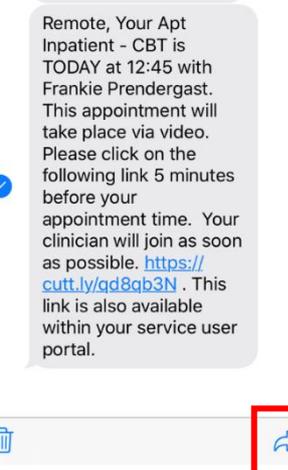
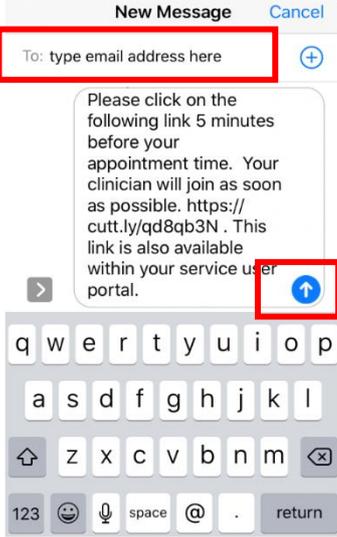




How to send a text message from your iPhone or Android phone to an email address.

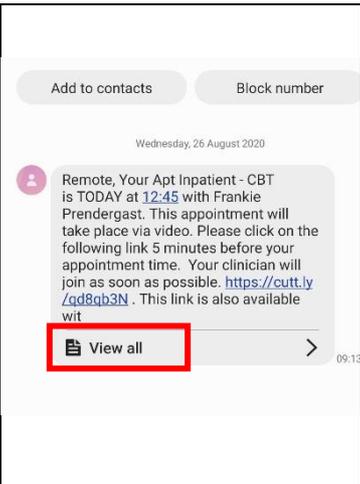
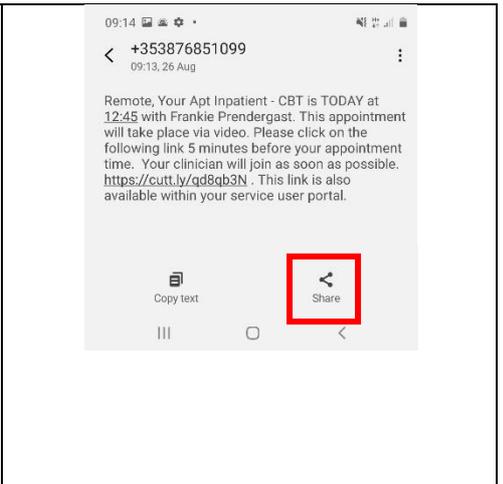
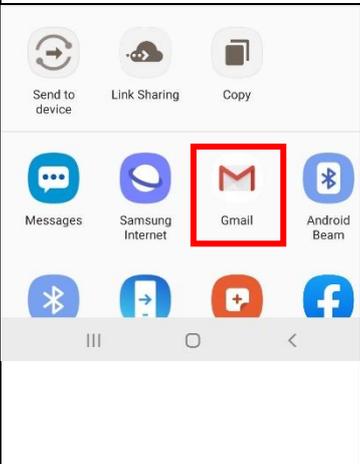
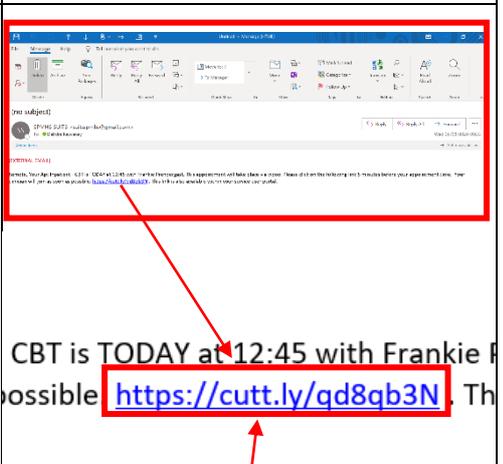
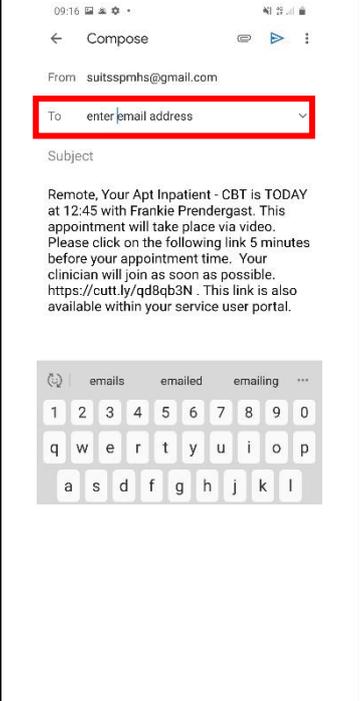
You can send a text message from your phone to any email address by entering the email address into the "To" field in which you'd normally add a contact's name or number. Select the message you want to forward, the same as you would to forward a message to a phone contact, then enter your email address in the "To" field and send.

iPhone Example

<p>1. Select the message you want to send to email and Select "More"</p>		<p>2. Select the forward arrow</p>	
<p>3. Type email address in the To field. And click on the arrow</p>		<p>4. Go to your email inbox on your preferred device – Laptop or Tablet.</p> <p>5. You can select the MS Teams Link within the received email.</p>	<p>Subject: You have received a new message</p> <p>Remote, Your Apt Inpatient - CBT is TODAY at 12:45 with Frankie Prendergast. This appointment will take place via video. Please click on the following link 5 minutes before your appointment time. Your clinician will join as soon as possible. https://cutt.ly/qd8qb3N . This link is also available within your service user portal.</p>



Android –Example

<p>1. Open the SMS reminder message - expand the message you want to send by selecting “View all”.</p>		<p>2. On the expanded message select the “Share” option.</p>	
<p>3. Select your email option in this case Gmail</p>		<p>5. Go to your email inbox on you preferred device – Laptop or Tablet.</p>	
<p>4. Enter your email in the to field on your phone</p>		<p>6. You can select the MS Teams Link within the received email.</p>	