



ST PATRICK'S MENTAL HEALTH SERVICES AND PIETA HOUSE PRESENT THE

SELF-HARM AWARENESS CONFERENCE 2020

FRIDAY, 28 FEBRUARY | ST PATRICK'S UNIVERSITY HOSPITAL

Welcome

9am **Registration**

9.30am **Welcome address**

Paul Gilligan

Chief Executive Officer, St Patrick's Mental Health Services (SPMHS)

Elaine Austin

Chief Executive Officer, Pieta

Morning session

9.50am **Attention seeking or relationship seeking? The therapeutic use of metaphor when treating young people who self-harm**

Dr Colman Noctor

Child and Adolescent Psychotherapist, SPMHS

10.30am **Working with under 18s**

Leigh Kenny

Regional Manager for Leinster South, Pieta

11.10am **Break**

11.30am **Keynote speaker one**

David Rudden

Author and storyteller, in conversation with Jan Ní Fhlanagáin

12pm **Panel discussion**
Leigh Kenny, Dr Colman Noctor, and David Rudden
Moderated by Jan Ní Fhlanagáin

12.30pm **Lunch**

Afternoon session

1.30pm **Keynote speaker two: Self-harm in high-risk groups**
Dr Caroline Clements
Project Manager of the Manchester Self-Harm Project and Research Associate at the Division of Psychology and Mental Health at the University of Manchester

2.30pm **The National Clinical Programme for the Assessment and Management of Patients Presenting to the Emergency Department Following Self-Harm**
Dr Anne Jeffers
National Clinical Lead for the assessment and management of patients presenting to the Emergency Department following self-harm, Health Service Executive

3.10pm **Break**

3.20pm **Travelling together to improve mental health within the Traveller community: what do we need to do?**
Alan Kavanagh
Men's Mental Health Outreach Worker, Tallaght Travellers Community Development Project (TTCDP)
Patrick Nevin
Manager, TTCDP

4pm **Panel discussion**
Caroline Clements, Dr Anne Jeffers, and Patrick Nevin
Moderated by Jan Ní Fhlanagáin