



# GP REFERRAL FORM: ASSESSMENT FOR ADOLESCENT SERVICES

## ST PATRICKS MENTAL HEALTH SERVICES

**Please complete in full and return to the Referral & Assessment Unit:**  
St. Patrick's University Hospital, P.O. Box 136, James's St., Dublin, D08 K7YW  
Tel: 01 249 3687 Fax: 01 249 3609

**All referrals to our Adolescent Services are reviewed by our Referral & Assessment Clinical team and allocated to the most appropriate service. What service do you believe would be best meet the patient's needs?**

**Assessment for Adolescent Inpatient Admission:**

**Assessment for Adolescent Outpatient services**

**All suitable referrals for Non-Inpatient Services\* will receive a Free of Charge Prompt Assessment of Needs, by an experienced Registered Mental Health Nurse.**

*\*For details regarding St Patrick's Non-inpatient services, please refer to our website. These include but are not limited to the Dean Outpatient clinics and psychotherapies.*

### YOUNG PERSON DETAILS:

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_ **Telephone:** \_\_\_\_\_ **Gender:** F / M/ Other

### PARENTS CONTACT DETAILS

**Mothers name:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Fathers name:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Address (if different from above)** \_\_\_\_\_

### LEGAL GUARDIANSHIP

Sole  Joint  Care order

### REFERRER'S CONTACT DETAILS:

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Telephone No.:** \_\_\_\_\_ **Fax No:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Reason for Referral:**



**Date of Onset of Present Complaint:**                    /   /

**Is the person you are referring currently under the care of a psychiatrist or another child or adult mental health service?**                     YES                     NO

**If you answered YES to the above question, please choose one of the options below:**

- Requesting Transfer of Care to St Patrick's Mental Health Services
- Referring for a second opinion

**Risk to self:**  YES     NO (If Yes, please provide detail):

**History of Deliberate self-harm or suicidal ideation?**

**Risk to others:**  YES     NO (If Yes, please provide detail):

**Past Psychiatry History (including admissions if applicable).**

**Past Medical & Surgical History:**

**Family & Social History:**

**History of Addiction/substance misuse and Forensics:**

**History of violence or aggression:**

**Medications (past and current):**

**If the referral is in relation to a possible eating disorder, please provide current BMI and a copy of any recent bloods or ECG**

**Additional Information:**



**INSURANCE DETAILS:**

Health Insurance: YES  NO

Health Insurance Provider (*tick relevant insurer*):

VHI  Quinn  AVIVA  LAYA  Other (*Please sta*

Policy Number:

**I understand that I retain clinical responsibility for this patient until they are seen by St Patrick's Mental Health Services and will accept back care if they are admitted to Willow Grove Adolescent unit**

**I have consent from \_\_\_\_\_ (parent(s)/guardian(s) for a member of St Patricks Mental Health Services adolescent referral team to make initial phone contact with one or both parents/guardians of the young person if required to conduct via telephone a prompt assessment of needs to help determine suitability for SPMHS**

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**How did you hear about our service:**  Media  Literature  Other: