

# Attitudes to Mental Health Survey: Key Findings 2018



A nationally representative sample of 500 people gave their attitudes to mental health

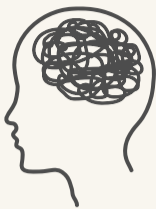
**39%**

Would not be okay explaining to their boss they needed time due to a mental health difficulty



**28%**

Would tell no-one if they were experiencing suicidal thoughts



**18%**

Would not willingly marry someone previously hospitalised with depression



**37%**

Would not trust someone who experienced postnatal depression to mind their child

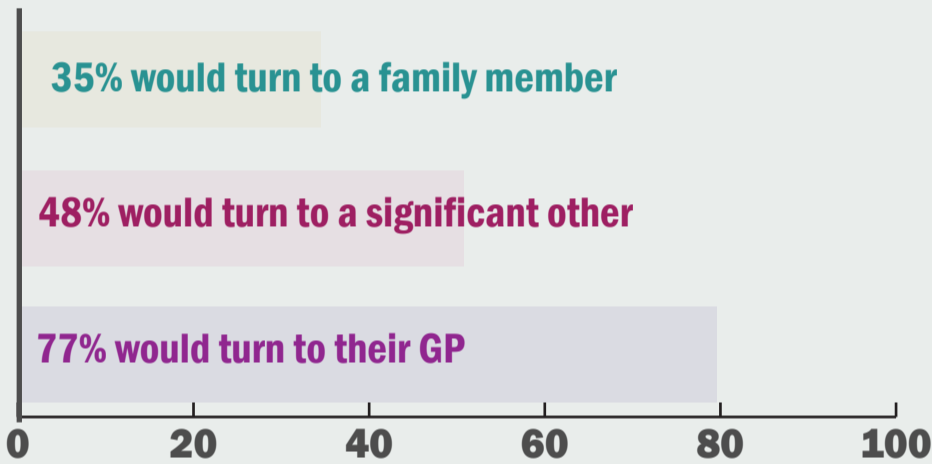


**33%**

Do not think someone who experiences panic attacks could be head of a company



If they had a mental health concern about themselves or others:



**57%**

Are afraid of experiencing mental health difficulties in the future



**Two in five**

Would not tell their partner if their child was being treated for depression



**16%**

Would not be comfortable living next door to someone with bipolar disorder



**61%**

Believe being treated for a mental health difficulty is still seen as a sign of personal failure in Irish society

**40%**

Think the public should be better protected from people with mental health difficulties



**12%**

Would not raise it with a partner if they were worried about their partner's mental health



**Two in five**

Would not tell their partner if they were on antidepressants

**70%**

Think society view people who spend time as an inpatient for a mental health issue differently