



RECOVERY FESTIVAL

**St Patrick's Mental Health Services invites
you and your family to attend its first
annual festival to celebrate recovery**



**Saturday September 1st, 2018 / 2pm-5pm
FREE OF CHARGE**



**Wellness workshops (yoga, mindfulness,
laughter yoga)**



**Exhibitors from a range of mental
health and wellbeing organisations**



Bouncing castles and face painting



Children's workshops and games



Family entertainment



Food stalls

**ST PATRICK'S UNIVERSITY HOSPITAL
JAMES' STREET, DUBLIN 8**

RSVP: communications@stpatsmail.com